



In collaboration with

Eastern Vibration

Sound & Touch for Cancer Care



COURSE DESCRIPTION:

Sound Therapy produces profound relaxation, bringing the receivers brain wave frequency into a theta state almost immediately; these are frequencies that could be used to heal on a cellular level.

By using Himalayan singing bowls, vibration and sound restores the natural frequencies and touch therapy by activating specific points reinstates health.

The purpose of this course is to familiarize the participants with the basic principles of Cancer & Sound therapy. The therapists will have the opportunity to experience the Touch & Vibrations treatment offered to their clients, receive their first instructions and application; as a result they will be able to perform the Touch & Vibration massage and incorporate sound therapy into their practice.

What to Expect:

Lecture, demonstrations, meditations, experiential exercises and verbal sharing, practicing & receiving.

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Prerequisite:

Touch Therapy for Cancer Clients; must be a qualified Massage Therapist

Learning Outcome:

The therapist will demonstrate proficiency in performing and creating variations of Himalayan Singing bowls massage sessions using different skills in a professional manner.

Learning Objectives:

The Therapist will:

- Have a basic understanding on the link between using sound and vibration with Cancer patients and the effects they have on the body, mind and energy systems.
- Have a clear understanding on how to provide sound therapy to cancer patients
- Perceive the body on a holistic point of view and understand how to work with Cancer patients and sound energy.
- Be able to describe the benefits of sound therapy to cancer patients.
- Be familiar with the effects, indications and contraindications of the massage.

Course Outline:

This course offers a physiological perspective of Cancer and the application of the use of Himalayan Singing bowls. It also describes the effects that it produces on different levels of the human organism, including its influences on the energetic, mental and emotional state of the individual.

Program:

- What is Cancer?
- How Sound therapy works
- Experience sensation of the sound in the body
- Demonstration of the basic sound massage and touch therapy
- Guided implementation of the basic sound massage in pairs
- Independent practice of the treatment
- Group discussions
- Application possibilities and localized treatment enhancements.
- Creating and training in a bespoke therapy specifically designed for the Spa.

Training details:

- Duration: 1-Day
- Investment: \$2100
- Number of participants: 10 (Additional therapists \$125 each)
- Inclusive of a set of 3 Singing Bowls (6", 8", 10"), a Tingsha, Koshi Chime and Ayur-Kasa tool

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- Accommodation, meals and airport transfers

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